

Name _____

Date _____

A. The vast majority of our patients have experienced dozens of impacts that could **cause** Vertebral Subluxations. Help us discover a few of yours.

1. How many total auto accidents have you been in? (Please circle)
5+ 3-4 1-2 0 Motorcycle accidents? Yes No
2. Which of the following sports have you been involved in? (Please circle)
Football, basketball, soccer, field hockey, gymnastics, horseback riding,
Martial arts, roller blading/skating Other: _____
3. Have you ever . . . (Please check)
 fallen down the stairs
 slipped on ice or snow
 had a stress or strain at work
 had a sports injury
 (other) please explain _____
4. Do you . . . (Please check)
 sit for more than four hours per day
 drive more than two hours per day
 (other) please explain _____
5. Are you a . . . (Please check)
 computer operator
 assembly line worker
 construction worker
 truck driver
 single or working mother
 (other) please explain _____

B. Subluxations can cause malfunction in any part of the body. Please check any past or present health complaints:

- | | | |
|--|--|--|
| <input type="checkbox"/> Low back pain | <input type="checkbox"/> Arm/Hand problems | <input type="checkbox"/> Carpal Tunnel Syndrome |
| <input type="checkbox"/> Neck pain | <input type="checkbox"/> Leg/Foot problems | <input type="checkbox"/> Ear infections |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Asthma | <input type="checkbox"/> Frequent colds/infections |
| <input type="checkbox"/> Mid Back pain | <input type="checkbox"/> Allergies | <input type="checkbox"/> Menstrual problems |
| <input type="checkbox"/> Shoulder pain | <input type="checkbox"/> Sinus problems | <input type="checkbox"/> Digestive problems |

Other: _____

C. Subluxations can put pressure on the nerves for a long period of time before you ever begin to feel

any symptoms. How long have you felt the above complaints? _____

D. Nerve pressure and irritation can be either constant or occasional. How often do you experience the above complaint? _____

E. Subluxation can cause irritation to different nerve fibers and can result in different sensations. Is yours sharp, dull, throbbing, burning, numbness or achy?

F. Subluxation can cause a weakening of the spine. Is yours worse in the AM or PM? _____
After doing a particular activity? _____